

7th Grade CCD - Five Selfless Acts Project

1. What is the project?

Perform 5 Selfless Acts in November & December

These acts cannot be something you do as chore for your family or being paid to do. Nor can it be for something you already do (babysitting, altar serve, family projects, etc). Each selfless act should be unique and not duplicated for different people. Only **two** of the acts can be done for an immediate family member (mother, father, brother, or sister). All of these acts must be done this November or December, not before. So something you did in the summer cannot be used.

2. How do you do it?

Do something for somebody for no reason what so ever, expecting and taking nothing in return. And it is something that *you* are doing, not your parents or siblings. Help someone do something meaningful. By meaningful it is meant to be something that you are going out of your way to do. As you complete your 5 selfless acts start to write a few short sentences about each act that includes:

a) What you did (more than one sentence) for each act. Don't just say "I shoveled snow for Aunt Betsy". Tell me how and why you did for the act. I am not looking for a book 😊

b) Then tell me how you felt about each act after you did it (also more than one sentence). Don't tell me "you felt good". I am looking for a more meaningful response about how you felt when you helped each person.

3. How long do I have? When is the paper due?

You can start after November 12th. The final paper with your 5 selfless acts is due by January 14th. **Please feel free to email in your paper. You can email it before the 01/14/19 deadline you don't have to wait for that class.**

4. Other questions?

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